



West U at your Leisure

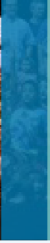
Winter / Spring 2018

FEATURING

Adult Classes
Children's Classes
Colonial Park Pool Events
Easter/Spring Festival and Arbor Day
Mom's Spa Day
Outdoor Event Series
Park Lovers' Ball
... and More!



www.westutx.gov/parks



PARKS AND RECREATION DEPARTMENT

Facility Telephone Numbers

Senior Services	(713) 662-5895
Recreation Center	(713) 662-7420
Friends of West U Parks	(713) 662-7430
Colonial Park Pool	(713) 662-7460

Facility Hours of Operation

Community Center

6104 Auden St.

Monday – Friday 7:30 AM – 5:30 PM

Senior Services

6104 Auden St.

Monday – Friday 7:30 AM – 5:30 PM

West University Place Recreation Center

4210 Bellaire Blvd.

Monday – Friday 5:00 AM – 9:00 PM

Saturday 7:00 AM – 7:00 PM

Sunday 8:00 AM – 7:00 PM

Colonial Park Pool

4130 Byron St.

Colonial Park Pool opens for a Members-Only Swim on May 5. The pool is open to the public for weekends only from May 6 to May 27, and on Memorial Day, May 28. Please visit www.westutx.gov/colonial for a complete schedule and hours of operation.

Registration Information

Priority Registration

Beginning **Tuesday, November 28**, participants may register in advance for the same classes that they are currently enrolled in or have been enrolled in within the past 30 days. Priority Registration is available in person at the West University Place Recreation Center, 4210 Bellaire, during normal business hours. **Note:** Online registration is unavailable for priority registration.

Resident Registration

Resident Registration for all classes begins on **Tuesday, December 5**, at the West University Place Recreation Center, 4210 Bellaire Blvd. and online.

Non-Resident Registration

Non-Resident Registration for all classes begins on **Thursday, December 7**, at the West University Place Recreation Center, 4210 Bellaire Blvd. and online.

Online Registration

IMPORTANT

1. Visit the West U website at www.westutx.gov/reg
2. To register online, you need a user name and password. **If you do not already have a user name and password, please allow three to five business days to receive this information once you have created an account.**
3. Choose your activity and click to register.
4. Complete the registration, pay with a credit card, and receive an instant email confirmation of your enrollment.

SUMMER CAMP REGISTRATION

Please see page 7 for complete details!

QUESTIONS?

Please call the West U Recreation Center Customer Service Desk at (713) 662-7420.

Youth Sports Information

WEST U. TRI-SPORTS



West University Little League (WULL) is one of the largest Little Leagues in the world with over 1,400 players. WULL offers baseball from our Tadpole division (5 years old) up through our Senior division (15 and 16 year olds). For more information, visit www.westull.org.



West University Softball Association (WUSA) is one of the largest girls' recreational fast pitch softball leagues in Texas, providing spring and fall league seasons and summer and fall tournament team opportunities for girls ages 4 to 15. WUSA currently plays on nine softball fields on three area campuses, with the youngest divisions playing spring league games in the heart of West U on the fields behind West U Elementary School, adjacent to the Scout House. For more information, visit www.wusa.org.



Rise Soccer Club (Rise SC) is a private, tax-exempt youth sports club that has served the West University Place youth soccer community for over 30 years. As a full-service soccer club, it offers programming that serves players of all levels—from recreational to college-bound players—in a safe, supportive environment. Integrity, respect and honesty govern everything we do. Formed through the merger of Houston Express Soccer Club, Eclipse Soccer Club and Pearland United Soccer Club, Rise SC is dedicated to helping all players achieve their goals. With one of the top coaching staffs in the country, a player development curriculum and unmatched facilities in and around the West University area, Rise SC offers year-round comprehensive programs for over 4,500 boys and girls ages 4 to 18. Rise SC is a member of the U.S. Soccer Development Academy (DA). For more information, visit us at www.risesc.org.

ADDITIONAL YOUTH SPORTS ORGANIZATIONS

Football - www.sfltx.org

Lacrosse - www.hylax.org

West U Piranhas Swim Team - www.wupp.org

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On the Cover: Caroline Huth and Charlie Huth are hanging around one of the eight parks operated by the City. For more information on our neighborhood parks visit www.westutx.gov/cityparks



West U Parks & Rec

VISION

West University Place Parks and Recreation Department, leading Texas as an active and healthy community.

MISSION

The West University Place Parks and Recreation Department team offers quality programs, facilities and services that encourage community participation and promote fun, physical activity and growth, in a safe and wholesome environment.

VALUES

Communication · Flexibility · Professionalism · Trust · Safety · Learning · Stewardship · Respect · Fun · Creativity · Quality

"Wonderful. I look forward to coming to class. And I feel great afterward."
— Karen, Pilates AM student

Thank You!

The City of West University Place and the West U Tri-Sports Association would like to recognize and publicly thank the Houston Independent School District for their generosity in allowing use of the West U Elementary School Campus for our community youth sports programs.



Friends of West U Parks



On February 10, 2018, Friends of West University Place Parks will host the 27th annual Park Lovers' Ball at the Hilton Americas in Downtown Houston. Event co-chairs Jennifer and Daniel Blum and Jennifer and William Swallen, along with their hardworking committees, invite you to be part of this popular FUNdraising West U gala. To volunteer to help with the gala, become an underwriter or sponsor, or purchase seats at the gala, please visit westuparks.org or contact Friends Executive Director Donna LaMond at (713) 662-7430 or by emailing



DLaMond@WestUTX.gov. To donate an auction item, please contact Kelly Beth Hapgood at kellybethhapgood@gmail.com or Natalie Crossley at parkloversball2018@gmail.com. Auction donations may also be made online via the Friends website at westuparks.org. Table purchases start at \$3,000 for a table for 10, and individual seats are \$300. Formal invitations will be arriving in West U households in early January. The event will include a silent and live

auction, big board, hosted bar, dinner and dancing to the lively tunes of Password, plus a few special surprises. We hope you will join Friends of West University Place Parks in celebrating our parks and helping us raise funds for our beautiful parks at this very special neighborhood event.



Special thanks to the 2017 Fathers & Flashlights co-chairs—the Moorhead, Williams and Woody Families—for planning and organizing another tremendously successful campout and fundraiser. The event raised over \$126,310 for West U parks! The campout included a magician show, DJ, star gazing, Kid Fish and many other fun activities. We could not have done it without our wonderful underwriters and sponsors.



Thank you to ALL of our underwriters, sponsors and in-kind donors, plus the many volunteers and staff who make this event possible each year. Our generous donors also included Children's Memorial Hermann Hospital; Fajitas A Go Go; Laura Mayer Cyprow and Kristine Martinez/John Daugherty Realtors; Maggie Garza/John Daugherty Realtors and Elizabeth Borski/Old Republic Title; the Fathers & Flashlights 2017 co-chairs, Heidi Dugan/Greenwood King Properties; Chick-fil-A at Holcombe and Buffalo Speedway; Anthology Counseling and Wellness; Butler-Cohen Design Build; Elite Care Emergency Rice Village; Jason Westin for Congress; Lauren DeFrehn Photography; Tiny's No. 5; YAGO; the Field Family; iKids; Village Plumbing & Air; the Flores Family; the Freeman Family; the Gilder Family; the Jackson-McClellan team at Cornerstone Home Lending; Presmer and the Popov Family; Rice Village Animal Hospital; Charter Title; Goode Company Restaurants; Shipley Do-Nuts; Texas Citizens Bank; and the Sahely Family. For a complete listing of Fathers & Flashlights underwriters, sponsors and in-kind donors, please visit westuparks.org. We are also grateful to the West U Parks and Recreation Department for their tremendous support.

While Fathers & Flashlights and Park Lovers' Ball are the largest Friends fundraising events, there are also other opportunities for involvement and ways to donate. Friends fundraising continues year round with the stork program to announce the birth of a new baby, business and community partnerships, memorials and honorariums, pavers, benches and tree sales.

DANCE

Classes are based on appropriate developmental skills for that specific age group. Participating in dance helps children develop socially, while improving posture, coordination, rhythm, flexibility, strength and balance. **Students must participate a full year before moving to the next class.**

BUDDING BALLET (Ages 2½ – 3+)

Dancers develop motor skills and coordination while gently being introduced to the classroom environment and the art of ballet.

BALLET & TAP I (Ages 3½ – 4)

Designed for the 3-year-old who has had a year of Budding Ballet and the beginner 4-year-old.

BALLET & TAP II (Ages 4 – 5)

Designed for the 4-year-old who has had two years of dance and the beginner 5-year-old.

BALLET & TAP III (Ages 5 – 6)

Designed for the 5-year-old who has had two-plus years of dance and the beginner 6-year-old.

BALLET & TAP IV (Ages 6 – 8)

Designed for the 6-year-old who has had three-plus years of dance and the 8-year-old who has had little or no previous experience.

BALLET, TAP & JAZZ I, II (Ages 8+)

Designed for the 8-year-old who has had four-plus years of dance and older dancers who have had some previous experience.

BALLET, TAP & JAZZ III (Ages 10+)

By invitation or audition only. Designed for dancers who have previous dance experience in all three dance styles. Dancers will be evaluated the first day to determine which class is best for their learning.

Dates: Jan 6 – May 11

Fees: \$280 R, \$305 NR (includes recital fee and costume fee; costume fee is non-refundable after January 14)

Instructor: Gwen Shaffer

Location: Rec Center – Multi-Purpose Rm 3

Recital: Friday, May 11 at 6:00 PM

(subject to change)

No Class: March 12 – 17 and day of recital

Budding Ballet

105111 01	2:00 – 2:35 PM	W
105111 02	10:00 – 10:35 AM	Sa
105111 03	11:30 AM – 12:05 PM	Sa

Ballet & Tap I

105121 01	2:00 – 2:45 PM	M
105121 02	2:45 – 3:30 PM	M
105121 03	2:45 – 3:30 PM	W
105121 04	9:15 – 10:00 AM	Sa

Ballet & Tap II

105131 01	3:45 – 4:30 PM	W
105131 02	10:45 – 11:30 AM	Sa

Ballet & Tap III

105141 01	3:45 – 4:30 PM	M
105141 02	12:15 – 1:00 PM	Sa

Ballet & Tap IV

105151 01	4:30 – 5:30 PM	M
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Ballet, Tap & Jazz I, II

105161 01	4:30 – 5:45 PM	W
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Ballet, Tap & Jazz III

105171 01	5:30 – 6:45 PM	M
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Baby Sign Language

(Ages: Newborn – 2 yrs.)

Babies can sign long before they can talk. Mimi Vance teaches signs (ASL) for hearing babies to help ease the frustration of those months before they can talk and to promote language development. Join us in a fun, relaxed setting with lots of singing and signing. Level 2 builds and expands on signs learned in Level 1. New signs include colors, daily tasks, clothing and more. Class participation includes an e-booklet.

Level 1 11:30 AM – 12:00 PM

102121 01	Jan 10 – Feb 28	W
102121 02	March 21 – May 9	W

Level 2 12:15 – 12:45 PM

102121 03	Jan 10 – Feb 28	W
102121 04	March 21 – May 9	W

Fees: \$180 R, \$195 NR

Instructor: Mimi Vance

Location: Rec Center – Multi-Purpose Rm 2B

Chess Lessons (Ages 4+)

Chess lessons are taught by Stormy Newton. He has 25 years' experience in teaching chess and has coached in more than 235 scholastic local, state, and national chess tournaments. The class focuses on the different strategies and tactics of the historic game of chess.

4:15 – 5:15 PM

106019 01	Jan 11 – May 3	Th
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Fees: \$250 R, \$275 NR

Instructor: Stormy Newton

Location: Rec Center – Multi-Purpose Rm 2B

No Class: March 15



Computer Science and Game Design (Ages 8+)

This course is designed to teach students the basics of Java programming with an overview of Java language, variables and calculations, program flow and simple game development. The purpose is to inspire students who engage in excessive game playing to explore computer programming. This 12-week course is suitable for students from fourth grade to eighth grade. No prior programming experience is required. **Each student must bring his/her own laptop computer.**

5:00 – 6:00 PM

106401 01	Jan 30 – April 24	Tu
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Fees: \$180 R, \$195 NR

Instructor: Ming Zhang

Location: Rec Center – Conference Room

No Class: March 13

Drawing (Ages 10+)

As children we all draw and paint. Yet the older we become, the more we seem to ignore the significance of drawing as a vital source of communication and pleasure. There is nothing mysterious about the mechanics of drawing: anyone can learn to draw by adopting the right approach. Just as with any other subject, practice is essential for achieving the best results.

3:45 – 4:45 PM

102131 01	Jan 10 – Feb 14	W
102131 02	Feb 21 – April 4	W
102131 03	April 11 – May 16	W

Fees: \$120 R, \$135 NR

Instructor: Dan Houston

Location: Rec Center – Multi-Purpose Rm 2B

No Class: March 14

Doonya Kids (Ages 5 – 8)

Active lifestyles begin at a young age, and with kids' programming in Bollywood techniques, we ensure that young students begin to associate dance, fitness and movement with fun. Through this class, students learn basic movements, with an emphasis on developing rhythm, body coordination and control, and gain an understanding of storytelling through dance.

12:15 – 1:00 PM

107333 06	Jan 7 – Feb 25	Su
107333 07	March 4 – April 29	Su

Fees: Session 06: \$120 R, \$135 NR

Session 07: \$105 R, \$120 NR

Instructor: Kajal Desi

Location: Rec Center – Multi-Purpose Rm 1

No Class: March 18, April 1

Gymnastics (Ages 18 mos. – 10 yrs.)

Gymnastics Mommy & Me (Ages 18 – 35 months)

9:30 – 10:00 AM

108111 01	Jan 9 – Feb 27	Tu
108111 02	March 20 – May 8	Tu

Gymnastics (Ages 3 – 10)

Basic skills are taught with an emphasis on coordination, fun and fitness. Activities include stretching, tumbling, balance beam, mini-trampoline, balls and music.

Ages 3 – 4 10:15 – 10:45 AM

108121 01	Jan 9 – Feb 27	Tu
108121 02	March 20 – May 8	Tu

Ages 5 – 6 3:45 – 4:30 PM

108131 01	Jan 9 – Feb 27	Tu
108131 02	March 20 – May 8	Tu

Ages 7 – 10 4:45 – 5:30 PM

108141 01	Jan 9 – Feb 27	Tu
108141 02	March 20 – May 8	Tu

Fees: \$100 R, \$110 NR

Instructor: Sideline Spirit

Location: Rec Center – Multi-Purpose Rm 4



Hip Hop Kids (Ages 4 – 12)

This exciting and fast-paced dance class will leave your kids feeling fresh! No one needs to be intimidated: this is great for those who want to be challenged, learn various styles of hip hop, push their creativity and boost their confidence. All music and moves are age appropriate in this fun and open hip hop dance class for boys and girls.

Ages 4 – 7	4:25 – 5:10 PM	
105181 01	Jan 11 – Feb 1	Th
105181 02	Feb 15 – March 8	Th
105181 03	March 22 – April 12	Th
105181 04	April 26 – May 17	Th

Ages 8 – 12	5:15 – 6:00 PM	
105182 01	Jan 11 – Feb 1	Th
105182 02	Feb 15 – March 8	Th
105182 03	March 22 – April 12	Th
105182 04	April 26 – May 17	Th

Fees: \$65 R, \$75 NR

Instructor: Little Folks Dance and Fitness

Location: Rec Center – Multi-Purpose Rm 3

Karate (Ages 5 – 12)

If your children have ever had an interest in trying to learn a martial art, this is just the program for them. Our classes cover full instruction in the art, sport and self-defense areas of karate, all taught in a supportive and confidence-building environment.

7:00 – 8:00 PM		
107205 01	Jan 11 – March 29	Th
107205 02	April 5 – May 31	Th

Fees: Session 01: \$60R, \$70NR; Session 02: \$55R, \$65NR; Additional Uniform Fee: \$30 (payable to the instructor)

Instructor: Stan McHugh

Location: Rec Center – Multi-Purpose Rm 2

No Class: March 15



Kids Cooking (Ages 5 – 10)

Kids Can Cook (Ages 5 – 7): Does your child love to cook? Do you have a picky eater? Children in our food literacy program learn age-appropriate techniques, food origins, seasonal recipes and kitchen safety while having hands-on fun! Students gain self-confidence while reinforcing core academics. Sample themes are Eat the Rainbow (colorful fruits and veggies), 'Tis the Season (seasonal food literacy), Melting Pot (classic American flavors), Grow It, Cook It (food origins), Food Groups (an introduction) and Holidays (celebrate through food).

106304 01	Jan 8 – Feb 12	M
	4:30 – 5:30 PM	

Junior Chef (Ages 8 – 10): The kitchen is the hub of nourishment and learning where we grow individually and as a community. Our Junior Chef program offers students an experience in culinary arts through age-appropriate techniques. Creativity is enriched with literacy and STEM-based activities, and the program works toward a community food project. Sample themes are Science and Math in the Kitchen (STEM enrichment), Fun with Food Groups and Holidays.

106304 02	Jan 10 – Feb 14	W
	4:30 – 5:30 PM	

Fees: \$165 R, \$180 NR

Instructor: Cook Learn Grow

Location: Rec Center – Multi-Purpose Rm 2A

Lifeguard Certification Course (Ages 15+)

Are you 15 or older and looking for a great summer job, after-school activity or challenging career in aquatics? Lifeguarding puts you in an exciting position, working as part of a team to help people safely enjoy the water. Lifeguarding will also help you develop skills and experiences that will be valued by colleges and future employers.

This class has a prerequisite swim test, an online component and in-class training in the pool. Prerequisite swim tests are performed at the Rec Center pool on the **Saturday before the class starts**. This testing is NOT optional and must be completed before you can receive the link for the online component. All online videos and interactive activities must be completed after the prerequisite swim test and **before the first day of in-class training**.

Lifeguard Certification Course, continued.

8:00 AM – 6:30 PM

101121 01	March 3 – 4	Sa, Su
	Swim test: Feb 24	
101121 02	March 24 – 25	Sa, Su
	Swim test: March 17	
101121 03	April 21 – 22	Sa, Su
	Swim test: April 14	
101121 04	May 12 – 13	Sa, Su
	Swim test: May 5	

Time: Swim tests: 9:00 – 11:00 AM

Fees: \$170 R, \$185 NR; Additional Online Fee: \$35, required by American Red Cross to access videos and activities

Location: Rec Center – Pool Lane 8

Squash (Ages 8 – 15)

Alistair Barnes, a certified coach for Mission Squash, is running squash classes for intermediate junior players. The goal is to develop players for Houston-based tournaments. This fun course includes squash skills, fitness and competition. Beginners should take a couple of individual lessons to learn the basics and be ready for the intermediate class.

3:45 – 5:00 PM

107206 01	Jan 15 – Feb 14	M, W
107206 02	Feb 19 – March 28	M, W
107206 03	April 2 – May 2	M, W

Fees: \$200 R, \$215 NR

Instructor: Mission Squash

Location: Rec Center – RC Court 1

No Class: March 12, 14

Swim Team Start-Up (Ages 7+)

Supported by the Piranhas Swim Team, this program will keep youth swimmers in shape for competitive swimming during the off-season and prepare them for next season. Whether you want to compete only in the summer, compete all year round or prepare yourself to join a competitive swim team in the future...this program is for you! Prerequisite: Must be able to perform two of the four strokes (butterfly, backstroke, breaststroke and freestyle) at least 25 yards unassisted.

5:15 – 6:00 PM

101161 01	Feb 5 – March 7	M, W
101161 02	March 19 – April 18	M, W

Fees: \$100 R, \$115 NR

Location: Rec Center – Pool Lane 8

Scuba

For more information on any of the classes, class times and dates, and requirements, please contact Ann or Eric from Oceanic Ventures. Classes offered are Family Snorkeling, Scuba Camp, and Scuba Diving, plus Scuba skills updates and rebreather demonstrations.

Contact: ann@oceanicventures.com or (713) 523-DIVE (3483)

Tippi Jam Creative Dance (Ages 3 – 5)

This gender-neutral class teaches the joys of self-expression and creative movement. We introduce basic dance steps using imagination and high-energy music.

4:30 – 5:15 PM

105271 01	January 9 – 30	Tu
105271 02	February 6 – 27	Tu
105271 03	March 6 – April 3	Tu
105271 04	April 10 – May 1	Tu
105271 05	May 8 – 22	Tu

5:30 – 6:15 PM

105271 06	January 9 – 30	Tu
105271 07	February 6 – 27	Tu
105271 08	March 6 – April 3	Tu
105271 09	April 10 – May 1	Tu
105271 10	May 8 – 22	Tu

Fees: Sessions 01–04 & 06–09: \$55 R, \$65 NR; Sessions 05 & 10: \$40 R, \$50 NR
Instructor: Tippi Toes Dance Company
Location: Rec Center – Multi-Purpose Rm 3
No Class: March 13

Youth Swim Fit

This is a class geared for intermediate swimmers, 8 and older, who can swim the pool length comfortably with a reasonable crawl stroke or freestyle and would like to improve their swimming skills and fitness. Fun workouts, competitive stroke development and aquatic safety skills are incorporated into this popular class. More advanced and/or older swimmers should choose the 6:15 PM class.

5:30 – 6:15 PM

101130 01	Jan 9 – Feb 1	Tu, Th
101130 02	Feb 6 – March 1	Tu, Th
101130 03	March 6 – 29	Tu, Th
101130 04	April 3 – 26	Tu, Th
101130 05	May 1 – 24	Tu, Th

Youth Swim Fit, continued.

6:15 – 7:00 PM

101131 01	Jan 9 – Feb 1	Tu, Th
101131 02	Feb 6 – March 1	Tu, Th
101131 03	March 6 – 29	Tu, Th
101131 04	April 3 – 26	Tu, Th
101131 05	May 1 – 24	Tu, Th

Fees: \$130 R, \$145 NR
Instructor: Jane Harper
Location: Rec Center – Pool Lane 1

Youth Triathlon Training

Sun's Out is offering this program for students, ages 8–14, who are at an intermediate level for swimming, biking and running, and for elements of basic boot camp and nutrition. The focus is on the end goal of proficiency in all three triathlon sports.

6:00 – 7:00 PM

107801 01	Jan 3 – 26	M, W, F
107801 02	Jan 29 – Feb 23	M, W, F
107802 03	Feb 26 – March 30	M, W, F
107802 04	April 2 – 27	M, W, F
107802 05	April 30 – May 25	M, W, F

Fees: Session 01 \$120 R, \$135 NR; Session 02–05 \$130 R, \$145 NR
Instructor: Mitch Foster
Location: Rec Center – Pool Lane 1
No Class: March 12, 14, 16

NEW! Youth Music (Ages 6 mos. – 8 yrs.)

Crescendo with Music is an innovative and comprehensive music program for children starting at 6 months old. The curriculum includes piano, rhythm instruments, improvisation, composition, singing and movement to encourage children's creativity and individuality in a world of music.

Mommy & Me 10:00 – 10:45 AM

106091 01	Jan 9 – Feb 27	Tu
106091 02	March 7 – May 2	Tu

Ages (3 – 5) 3:00 – 3:45 PM

106092 01	Jan 9 – Feb 27	Tu
106092 02	March 7 – May 2	Tu

Ages (6 – 8) 4:00 – 4:45 PM

106093 01	Jan 9 – Feb 27	Tu
106093 02	March 7 – May 2	Tu

Fees: \$140 R, \$155 NR
Instructor: Alicia Gaggioni de Martinez
Location: Rec Center – Multi-Purpose Rm 2
No Class: March 21

WINTER HOLIDAY CAMPS

NEW! Idea Lab Camps (Ages 5 – 9)

Winter break is around the corner! Idea Lab Kids is back with STEAM based camps for your 5–9 year olds. Winter camps are designed to give kids the opportunity to learn something new in a fun environment. Parents have the flexibility to pick and choose which days fit best for their schedule!

Post X-Mas Camps

9:00 AM – 3:00 PM

103016 01	December 26	Tu	Ancient China
103016 02	December 27	W	Upcycle Engineering
103016 03	December 28	Th	The Magic of the Axis
103016 04	December 29	F	Bubble Science

Idea Labs New Year Camps

9:00 AM – 3:00 PM

103017 01	January 2	Tu	Case of the Missing Marbles
103017 02	January 3	W	Kite Building & Aviation Science
103017 03	January 4	Th	Water Power
103017 04	January 5	F	Building Bio-Filtration

Fee per Day: \$65 R, \$75 NR
Instructor: Idea Labs Central Houston
Location: Rec Center – Multi-Purpose Rm 2

NEW! Mad Science (Ages 3 – 5)

Sprouting Scientists: Mad Science explores the way things grow in this "down-to-earth", half day preschool camp. Learn about plants by dissecting seeds, making leaf rubbings, and creating farmable fruit and veggie prints. Investigate the world of worms...yes, WORMS! Put on your Bee-utiful Bug Costume and flutter by the camp as you learn about one of a flower's favorite pollinators! Come see what the buzz is all about! You can even make your very own butterfly bracelets!

9:00 AM – 12:00 PM

103018 01	December 26 – 29	Tu – F
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Mad Science, continued.

Water Works (Ages 3 – 5): Water is more complicated than it looks and through this exciting camp, preschoolers will learn all about the different properties of water. They will learn about sea life, density and buoyancy! Children will experiment with dry ice and water, create their very own water art and discover how water can be the most powerful force on earth. We will make our own wave motion modulators, bubble wands and pet tornados to take home! Preschoolers will be amazed at how much they can do with WATER!

9:00 AM – 12:00 PM

103018 02 January 2 – 5 Tu – F

Fees: \$195 R, \$210 NR

Instructor: Mad Science

Location: Scout House, 6108 Edloe

NEW! 12 Days of Swimming Clinic (Ages 5 – 10)

This class is geared toward the proficient swimmer, who knows how to swim laps without distress, or has been involved in summer swim or lessons, and would like to swim more efficiently and effectively. These sessions are also great for fine-tuning the competitive young swimmer, year round swimmer, or young triathlete. We will be working on a range of different techniques, drills, strokes and also out of the water 'dryland' activities that can help to hone swimmers and athlete's fitness and competence. Must bring swimsuit, goggles, cap, towel, athletic clothes and athletic shoes for every session.

Pre-X-Mas/New Year – 7 Days

103201 01 December 21 – 23, 27 – 30

Post New Year – 5 Days

103201 02 January 2 – 6

All 12 Days

103201 03 Dec 21 – Jan 6

Time: 9:00 AM – 12:00 PM

Fees: Pre-Xmas/New Year: \$200 R, \$215 NR;

Post New Year: \$150 R, \$165 NR;

All 12 Days: \$325 R, \$350 NR

Instructor: Corrie Kristick

Location: Rec Center – Pool Lane 8

SPRING BREAK CAMPS

Once Upon a Time Dance Camp (Ages 3 – 8)

Once upon a time in a not-so-faraway land, Tippi Toes Dance Company planned a beautiful Princess Dance Camp. Come dressed in your favorite princess or ballerina outfits and meet princesses like Cinderella. We will dance, hear stories, attend the princess beauty parlor, create crafts and play games! At the end of their time, children will invite Queen Moms and King Dads to attend a royal dance performance and award ceremony! Join us in our enchanted fairy tale!

9:00 AM – 12:00 PM

103101 01 March 12 – 16 M – F

Fees: \$250 R, \$275 NR

Instructor: Tippi Toes Dance Company

Location: Rec Center – Multi-Purpose Rm 2

Building Brains Camp (Ages 6 – 12)

BUILDING BRAINS INTRO to ROBOTICS uses LEGO and K'NEX educational kits to build STEM (Science, Technology, Engineering, and Math) skills. Our educational building kits have specially designed gears, levers and pulleys that teach students to build machines that really work and then motorize those machines. Computers will be used to program these machines for light, sound and motion. Students learn why a machine works and how to manipulate it to move faster or slower.

106016 01 9:00 AM – 12:00 PM M – F

106016 02 9:00 AM – 4:00 PM M – F

106016 03 1:00 PM – 4:00 PM M – F

Dates: March 12 – 16

Fees: Half Day (01, 03): \$225 R, \$240 NR;

Full Day (02): \$325 R, \$350 NR

Instructor: Building Brains

Location: Scout House, 6108 Edloe

SUMMER CAMPS – COMING SOON!

Summer is just around the corner, and it's time to start thinking about camp! West U offers a wide variety of programs for all interests and ages. Here are just a few great ways to spend the summer:

[Building Brains LEGO Camp](#)

[Idea Lab Camps](#)

[iKids Camp](#)

[Neil Harrison Serves Tennis Camp](#)

Please visit www.westutx.gov/camps for a complete listing of camp descriptions, dates and times, or call (713) 662-7420 for more information.

Summer Camp Registration Information

Priority Summer Camp Registration begins on Tuesday, January 23, 2018; campers from 2017 are eligible to register. Resident Summer Camp Registration begins on Tuesday, January 30, and Non-Resident Summer Camp Registration begins on Thursday, February 1.

To register for Kidventure, please visit www.kidventure.com.

To register for all other camps, come by the West University Place Recreation Center, 4210 Bellaire, or register online at www.westutx.gov/reg (see page 2 for online registration instructions).



Interested in a Thanksgiving Fun Camp or a Parent's Night Out in December?

West U Parks & Rec needs your feedback! Please fill out the survey via the link below!

www.surveymonkey.com/r/7GB79D8



SWIMMING LESSONS

WALLY the WALRUS' POOLSCHOOL

Learn how to swim strongly at Wally the Walrus' PoolSchool this winter and spring! Who knows? Wally might show up to check out your swimming skills! Swimming lessons are held at the Recreation Center's indoor, temperature-controlled pool. In the event of inclement weather or if a class gets cancelled, make-ups occur on Fridays during your regularly scheduled class time, or the class may be rescheduled by the instructor. All swim lesson observers are asked to watch from the viewing rooms during class, as we do not want parents and /or observers to linger on the pool deck. Wally looks forward to seeing you in PoolSchool!

Class Descriptions & Levels

Before registering your child, please read the following information regarding class levels, age requirements and prerequisites. These are strictly enforced and are in the best interest of your child. The first day of each session is an evaluation day. If for any reason a student needs to be moved, the instructor will notify the parent, and staff will try to move your child into the appropriate level class (space pending). Because space is limited, it is important to try to make sure your child is in the right level when originally registering. Class maximums are used as guidelines. Management reserves the right to add or subtract students, as needed, in order to increase efficiency and effectiveness of the class. **Remember: more often than not, a student will need to repeat a level several times before advancing.**

Starfish – Level 1 (Ages 1 – 2, Parent & Tot)

The Starfish class is for parents and tots to learn general water safety and swimming techniques, and prepare the tot for the non-parent, Tadpole class.

Class size guideline: 10 tots

Prerequisite: One parent/guardian per student.

Tadpole – Level 2 (Ages 2 – 3, Tot without Parent)

In the Tadpole class, children will work on water entry and adjustment without the assistance of the parent. Students will learn prone and supine swimming positions, breath control, basic arm movement and kicking.

Class size guideline: 3 students

Prerequisite: Graduate of Starfish class or age appropriate

Penguin – Level 3 (Ages 3 – 4, Beginner)

In the Penguin class, students will work on holding breath, fully submerging head for 3 seconds, retrieving objects in chest-deep water, supported prone and supine floats and recovery, breathing, stepping from side into chest-deep water and recovering to vertical position, getting out at side of pool, basic arm motions and kicking.

Class size guideline: 4 students

Prerequisite: Age requirement enforced and/or graduate of Tadpole class; must be comfortable with water

Sea Lion – Level 4 (Ages 3 – 4, Intermediate)

In the Sea Lion level, students work on enhancing the skills learned in the Penguin class by gaining confidence to do the skills on their own (without assistance). Other skills taught include arm motions for both freestyle and backstroke, prone and supine glides, elementary backstroke/breaststroke kick, diving for underwater objects and knee dives

Class size guideline: 4 students

Prerequisite: Graduate of Penguin class; must be able to demonstrate basic swimming motions and be comfortable putting face in the water

Clownfish – Level 5 (ages 3 – 4, Advanced)

The Clownfish class is the most advanced level for younger swimmers. This class will focus on endurance and stroke readiness. Skills taught include rotary breathing, prone and supine glides into stroke, freestyle and backstroke corrections, elementary backstroke arms and kick, breaststroke kick, butterfly kick and diving.

Class size guideline: 5 students

Prerequisite: Graduate of Sea Lion class; must be able to swim unassisted for 10 yards

Dolphin – Level 1 (Ages 5+, Beginner)

The Dolphin class is the beginner class for students ages 5 and up who have not taken swim lessons before, who have some fear of the water or who have no swimming skills whatsoever. Skills taught include getting comfortable with the water, breathing, retrieving objects from bottom of pool, prone and supine glides, freestyle and backstroke kicks, elementary backstroke kick and introduction to the deep end.

Class size guideline: 5 students

Prerequisite: Age requirement strictly enforced

Eel – Level 2 (Ages 5+, Advanced Beginner)

Skills presented in the Eel class will be submerging head and body for 4–10 seconds, retrieving objects in waist-deep water, unsupported floats and glides, and unassisted freestyle and backstroke—stroke doesn't have to be perfect, but swimmer must understand technique and have endurance to complete at least 12.5 yards (1/2 length of pool). Other skills taught include knee dives in the deep end, introduction to elementary backstroke/breaststroke kick, elementary backstroke arms and rotary breathing.

Class size guideline: 5 students

Prerequisite: Graduate of Sea Lion class (age appropriate) or Dolphin class; must be able to demonstrate basic swimming skills with face in the water

Marlin – Level 3 (Ages 5+, Intermediate)

The Marlin class enhances the skills learned in the Eel class by building confidence to do the skills on his/her own (without assistance) for longer distances. Additional skills learned are retrieving objects with eyes open, jumping into water slightly over head and traveling to safe area, jumping into deep water from side of pool, standing dives, prone and supine glides with push-off, backstroke and freestyle endurance, rotary breathing, elementary backstroke/breaststroke kick, breaststroke arms, and introduction to butterfly kick and arms.

Class size guideline: 6 students

Prerequisite: Graduate of Eel or Sea Lion class (age appropriate); must be able to swim comfortably on own without assistance for a minimum of 12.5 yards with recognizable freestyle and backstroke motions and technique.

Stingray – Level 4 (Ages 5+, Advanced)**

The Stingray class builds on skills that have been taught in the Eel and Marlin classes, as well as endurance. Skills that are further developed include diving from standing position, rotary breathing, freestyle, backstroke, breaststroke, butterfly and elementary backstroke. New skills include flip turns, streamline push-offs and rhythmic breathing for butterfly and breaststroke. Class is taught in a full lane.

Class size guideline: 8 students

Prerequisite: Graduate of Marlin class; must be able to swim 25 yards freestyle, backstroke and elementary backstroke, and demonstrate understanding of breaststroke and butterfly as well as standing dives



Barracuda – Level 5 (Ages 6+, Skilled)**



Children in the Barracuda class will become proficient in freestyle, backstroke, butterfly, breaststroke and elementary backstroke. Skills such as pull-downs, flip turns, racing dives, breaststroke and butterfly kicks, and endurance are the main focus. Class is taught in a full lane.

Maximum class size: 8 students

Prerequisite: Graduate of Stingray class; must be able to swim 50 yards of freestyle from standing dive, backstroke from streamline push-off and elementary backstroke, and must be able to swim at least 25 yards of butterfly and breaststroke, while also demonstrating basic understanding of flip turns

Winter/Spring Swimming Lessons

Fees: Starfish through Marlin: \$85 R, \$95 NR;
Stingray: \$95 R, \$105 NR;
Barracuda: \$105 R, \$120 NR

Location: Rec Center – Pool Lane 1

**Class duration is longer than lower levels.
See schedule below.

Session I Jan 8 – Feb 17 6 weeks = 6 classes

Monday

Penguin	4:15 – 4:45 PM	101031 01
Tadpole	4:50 – 5:20 PM	101021 01
Clownfish	5:25 – 5:55 PM	101051 01
Marlin	6:00 – 6:30 PM	101081 01
Stingray**	6:35 – 7:10 PM	101091 01

Tuesday

Tadpole	4:15 – 4:45 PM	101021 02
Eel	4:50 – 5:20 PM	101071 01
Marlin	5:25 – 5:55 PM	101081 02
Clownfish	6:00 – 6:30 PM	101051 02
Sea Lion	6:35 – 7:05 PM	101041 01

Wednesday

Tadpole	4:15 – 4:45 PM	101021 03
Sea Lion	4:50 – 5:20 PM	101041 02
Eel	5:25 – 5:55 PM	101071 02
Dolphin	6:00 – 6:30 PM	101061 01
Barracuda**	6:35 – 7:15 PM	101101 01

Thursday

Tadpole	4:15 – 4:45 PM	101021 04
Penguin	4:50 – 5:20 PM	101031 02
Dolphin	5:25 – 5:55 PM	101061 03
Eel	6:00 – 6:30 PM	101071 03
Marlin	6:35 – 7:05 PM	101081 03

Saturday

Penguin	9:15 – 9:45 AM	101031 03
Starfish	9:50 – 10:20 AM	101011 02
Sea Lion	10:25 – 10:55 AM	101041 03
Tadpole	11:00 – 11:30 AM	101021 05
Dolphin	11:35 AM – 12:05 PM	101061 02
Tadpole	12:10 – 12:40 PM	101021 06

Session II Feb 19 – April 7 6 weeks = 6 classes

No Class: March 12 – 17

Monday

Penguin	4:15 – 4:45 PM	101032 01
Tadpole	4:50 – 5:20 PM	101022 01
Clownfish	5:25 – 5:55 PM	101052 01
Marlin	6:00 – 6:30 PM	101082 01
Stingray**	6:35 – 7:10 PM	101092 01

Tuesday

Tadpole	4:15 – 4:45 PM	101022 02
Eel	4:50 – 5:20 PM	101072 01
Marlin	5:25 – 5:55 PM	101082 02
Clownfish	6:00 – 6:30 PM	101052 02
Sea Lion	6:35 – 7:05 PM	101042 01

Wednesday

Tadpole	4:15 – 4:45 PM	101022 03
Sea Lion	4:50 – 5:20 PM	101042 02
Eel	5:25 – 5:55 PM	101072 02
Dolphin	6:00 – 6:30 PM	101062 01
Barracuda**	6:35 – 7:15 PM	101102 01

Thursday

Tadpole	4:15 – 4:45 PM	101022 04
Penguin	4:50 – 5:20 PM	101032 02
Dolphin	5:25 – 5:55 PM	101062 02
Eel	6:00 – 6:30 PM	101072 03
Marlin	6:35 – 7:05 PM	101082 03

Saturday

Penguin	9:15 – 9:45 AM	101032 03
Starfish	9:50 – 10:20 AM	101012 02
Sea Lion	10:25 – 10:55 AM	101042 03
Tadpole	11:00 – 11:30 AM	101022 05
Dolphin	11:35 AM – 12:05 PM	101062 03
Tadpole	12:10 – 12:40 PM	101022 06

Session III April 9 – May 19 6 weeks = 6 classes

Monday

Penguin	4:15 – 4:45 PM	101033 01
Tadpole	4:50 – 5:20 PM	101023 01
Clownfish	5:25 – 5:55 PM	101053 01
Marlin	6:00 – 6:30 PM	101083 01
Stingray**	6:35 – 7:10 PM	101093 01

Tuesday

Tadpole	4:15 – 4:45 PM	101023 02
Eel	4:50 – 5:20 PM	101073 01
Marlin	5:25 – 5:55 PM	101083 02
Clownfish	6:00 – 6:30 PM	101053 02
Sea Lion	6:35 – 7:05 PM	101043 01

Wednesday

Tadpole	4:15 – 4:45 PM	101023 03
Sea Lion	4:50 – 5:20 PM	101043 02
Eel	5:25 – 5:55 PM	101073 02
Dolphin	6:00 – 6:30 PM	101063 01
Barracuda**	6:35 – 7:15 PM	101103 01

Thursday

Tadpole	4:15 – 4:45 PM	101023 04
Penguin	4:50 – 5:20 PM	101033 02
Dolphin	5:25 – 5:55 PM	101063 02
Eel	6:00 – 6:30 PM	101073 03
Marlin	6:35 – 7:05 PM	101083 03

Winter/Spring Swimming Lessons, continued.

Saturday

Penguin	9:15 – 9:45 AM	101033 03
Starfish	9:50 – 10:20 AM	101013 02
Sea Lion	10:25 – 10:55 AM	101043 04
Tadpole	11:00 – 11:30 AM	101023 05
Dolphin	11:35 AM – 12:05 PM	101063 03
Tadpole	12:10 – 12:40 PM	101023 06

Infant Aquatic Swim

Infant Aquatic Swim is a proven method that equips children ages 6 months to 6 years with the survival swimming skills required to safely enjoy the water. Get results in weeks, not years! The essential skill taught is a roll from a facedown position in the water to an independent face-up back float. Children 6 to 13 months learn the roll to back float method, and children 13 months to 6 years learn the swim-float-swim sequence. All classes are taught one on one. For more information, please contact Melissa Stoll for scheduling. (A registration fee of \$65 payable online is required before you can register through the West U Recreation Center.) Please check out infantaquatics.com for additional program details.

Days: 4 days a week, Mondays – Fridays, a minimum of 4 weeks to start

Time: 15 minutes each class

Fees: \$400R, \$425NR; includes 16 classes (4 weeks) at \$25 per class

Instructor: Melissa Stoll,
Infantaquatics.melissa@gmail.com

Location: Rec Center – Pool

Note: Maintenance lessons available 1–2 times a week: \$25 R, \$35 NR, per class

Private & Semi Private Lessons (All Ages)

Appointments are available for 30-minute private and semi-private swim lessons at the Rec Center Pool. Lessons are based on your schedule and pool/staff availability. Fees must be paid when the appointment is made and are non-refundable for no-shows. Cancellations must be made at least 24 hours in advance of the scheduled swim lesson time. (Contracted instructors may offer different pricing; scheduling is handled directly through the contracted instructor.) Please call (713) 662-7420 for additional information.

Fees Private (1:1): \$40 R, \$50 NR

Fees Semi-private (1:2+): \$60 R, \$70 NR

Location: Rec Center Pool

TENNIS (Ages 3+)

Pre Teeny Tennis (Age 3) Red Ball, Felt & Foam: This is an introductory class for 3-year-olds* brand new to our Teeny Tennis Developmental System. In this special class, students learn the very basics of tennis in a bright, colorful, fun and nurturing environment, which provides a seamless transition to Teeny Tennis I. Parents must be present for the duration of the class. Age-appropriate equipment is provided. *Younger players need Coach Neil's approval. **Fees:** \$90 R, \$100 NR

Teeny Tennis I (Ages 3–5) Red Ball, Felt & Foam: In a bright and colorful age-appropriate environment, our students continue with the very basics of tennis, exploring the forehand and backhand groundstrokes; volleys and overheads; pre-serving; and movement and balance drills, all on a 36' tennis court. All age-appropriate equipment is provided. **Fees:** \$130 R, \$145 NR

Teeny Tennis I Supers (By Invitation) Red Ball, Felt & Foam, Orange Ball: Designed for those students showing exceptional ability at this age range (3-5) and featuring a small class size, the class provides advanced lessons in rallying, serve and return, keeping score and footwork drills. **Fees:** \$145 R, \$160 NR

Teeny Tennis II (Ages 5–7) Red Ball, Felt & Foam, Orange Ball: Players continue to learn the fundamentals of the forehand, backhand and serve. Specialty shots such as the volley, overhead and return of serve are also covered. Players begin to rally and compete, using an assortment of games and drills, on both 36' and 60' tennis courts. Movement and balance drills are included as well. **Fees:** \$145 R, \$160 NR

Teeny Tennis II Supers (By Invitation) Red Ball Felt & Foam, Orange Ball: Designed for those students showing exceptional ability at this age range (5-7) and featuring a small class size, the class provides advanced lessons in rallying, serve and return, match play, keeping score and footwork drills. **Fees:** \$160 R, \$175 NR

Teeny Tennis III (Ages 7–9) Red Ball, Felt & Foam, Orange Ball: Players continue to learn the fundamentals of the forehand, backhand and serve. Specialty shots such as the volley, overhead and return of serve are also covered. Players begin to rally and compete, using an assortment of games and drills, on both 36' and 60' tennis courts. Movement and balance drills are included as well. **Fees:** \$145 R, \$160 NR

Teeny Tennis III Supers (By Invitation) Red Ball, Felt & Foam, Orange Ball: Designed for those students showing exceptional ability at this age range (7–9) and featuring a small class size, the class provides advanced lessons in rallying, serve and return, match play, keeping score and footwork drills. **Fees:** \$160 R, \$175 NR

Junior Tennis I (Ages 9–12) Orange Ball, Green Dot Ball, Regular Ball: Players continue to learn the fundamentals of the forehand, backhand and serve. Specialty shots such as the volley, overhead and return of serve are also covered. Players begin to rally and compete, using an assortment of games and drills, on both 60' and 78' tennis courts. Movement and balance drills are included as well. **Fees:** \$145 R, \$160 NR

Junior Tennis II (By invitation): This is a tournament prep class for players ages 7 and older who are ready to start playing competitively. We prepare players for ZAT tournaments, JTT Tennis League and school team tryouts. To participate in this class, players are required to try out with Neil. **Fees:** \$145 R, \$160 NR

Junior Tennis III (By invitation): This class is for junior high and high school team players who wish to improve their singles and doubles strategies and tactics, which leads to competitive match play. **Fees:** \$145 R, \$160 NR

Instructors: Neil Harrison, Gail Harrison and staff

Location: Colonial Park – Tennis Courts

Session I Jan 22 – Feb 24

Pre Teeny Tennis

109000 01	4:30 – 5:00 PM	Tu
109000 02	9:00 – 9:30 AM	Sa

Teeny Tennis I

109001 01	5:15 – 6:00 PM	Tu
109001 02	9:45 – 10:30 AM	Sa

Teeny Tennis I Supers

109001 05	6:00 – 6:45 PM	Tu
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Teeny Tennis II

109002 01	4:30 – 5:30 PM	W
109002 02	10:45 – 11:45 AM	Sa

Teeny Tennis II Supers

109002 05	5:30 – 6:30 PM	W
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Teeny Tennis III

109003 01	4:30 – 5:30 PM	Th
109003 02	12:00 – 1:00 PM	Sa

Teeny Tennis III Supers

109003 05	5:30 – 6:30 PM	Th
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Junior Tennis I

109004 01	6:30 – 7:30 PM	W
109004 02	1:15 – 2:15 PM	Sa

Junior Tennis II

109005 01	4:30 – 5:30 PM	F
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Junior Tennis III

109006 01	5:30 – 6:30 PM	F
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Session II March 19 – April 21

Pre Teeny Tennis

109000 03	4:30 – 5:00 PM	Tu
109000 04	9:00 – 9:30 AM	Sa

Teeny Tennis I

109001 03	5:15 – 6:00 PM	Tu
109001 04	9:45 – 10:30 AM	Sa

Teeny Tennis I Supers

109001 06	6:00 – 6:45 PM	Tu
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Teeny Tennis II

109002 03	4:30 – 5:30 PM	W
109002 04	10:45 – 11:45 AM	Sa

Teeny Tennis II Supers

109002 06	5:30 – 6:30 PM	W
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Teeny Tennis III

109003 03	4:30 – 5:30 PM	Th
109003 04	12:00 – 1:00 PM	Sa

Teeny Tennis III Supers

109003 06	5:30 – 6:30 PM	Th
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Junior Tennis I

109004 03	6:30 – 7:30 PM	W
109004 04	1:15 – 2:15 PM	Sa

Junior Tennis II

109005 02	4:30 – 5:30 PM	F
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Junior Tennis III

109006 02	5:30 – 6:30 PM	F
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"This is the best class and facility for Jazzercise." – Joyce

Adult Swim Fit

This is a class geared for Masters swimmers, triathletes and teens 15 years and up looking for a great swimming workout with a group. Focus is on improving swimming skills, endurance and technique.

7:00 – 8:00 PM

101141 01	Jan 9 – Feb 1	Tu, Th
101141 02	Feb 6 – March 1	Tu, Th
101141 03	March 6 – 29	Tu, Th
101141 04	April 3 – 26	Tu, Th
101141 05	May 1 – 24	Tu, Th

Fees: \$110 R, \$125 NR

Instructor: Jane Harper

Location: Rec Center – Pool Lane 1

Aqua Cross Fit

This high-energy aquatic fitness class combines shallow water and deep water components to develop flexibility, cardiovascular fitness and core strength. Learn how to get a great workout with your choice of impact and intensity level. Seasoned fitness and swimming professional Jane Harper will help you reach and maintain your fitness goals.

8:00 – 9:00 AM

101151 01	Jan 8 – Feb 2	M, W, F
101151 02	Feb 5 – March 2	M, W, F
101151 03	March 5 – 30	M, W, F
101151 04	April 2 – 27	M, W, F
101151 05	April 30 – May 25	M, W, F

Fees: \$140 R, \$155 NR

Instructor: Jane Harper

Location: Rec Center – Pool Lane 1

Aquatics Personal Training

Jane Harper is an aquatic professional, teaching, coaching and competing throughout the country. As an American Swimming Coaches Association Certified Level 5 coach, she has coached summer leagues, Master swimmers and triathletes. Jane was creating aquatic exercise routines before there was an official certification and has enjoyed introducing non-swimmers into the world of aquatics through these classes for many years. Her Aquatic Exercise Association certification has been current since 1988. As a competitor, she medaled in both national and world swimming competitions, as well as holding top Masters rankings and Powerbar® sponsorships as a triathlete. If you are looking to improve your swimming skills, or lack thereof, Jane is skilled at creating steps specifically for you to do so. To schedule a lesson, please call (281) 635-4342.

Corrie Kristick, also known as "The Swim Guru," has been an athlete her whole life and a coach for over 17 years. Corrie is a graduate of Rice University, a Div I NCAA and Olympic Trials swimming qualifier and an accomplished professional triathlete. Corrie's true passion in life is helping others find comfort and confidence in the water and in life through sport. To schedule a lesson, please contact Corrie Kristick at swimgurutx@gmail.com.

JAZZERCISE

Elloree Hammond and Jeanne Thohan are owners and instructors of the West U Jazzercise franchise. It's the original dance exercise phenomenon! Each 55- to 60-minute class offers a blend of jazz, dance and exercise science choreographed to today's hottest music, including Top 40, jazz, country, funk and classics. Easy-to-follow choreography includes a warm-up, a 30-minute aerobic workout, a muscle toning and strengthening segment with weights, and a stretch finale.

jazzercise®

MON	TUES	WED	THURS	FRI	SAT	SUN
6:05 am		6:05 am		6:05 am		
8:00 am*	8:00 am*	8:00 am*	8:00 am	8:00 am*	8:00 am*	
9:15 am*	9:15 am*	9:15 am*	9:15 am	9:15 am*	9:15 am*	9:15 am
						4:00 pm
5:30 pm*	5:30 pm*	5:30 pm*	5:30 pm*	5:30 pm*		
6:40 pm	6:40 pm	6:40 pm	6:40 pm	*Classes with child care available. Class schedule and fees are subject to change.		

Fees:

12 months+: \$40 monthly, \$35 NR Joining Fee

6 months: \$44 monthly, \$55 NR Joining Fee

3 months: \$48 monthly, \$75 NR Joining Fee

Single Visit: \$15

No joining fees for West U Residents

Other Fee Options:

Babysitting Fees: \$4 per class or

\$22 Monthly Family Pass

Contact: westuniversityjazzercise@yahoo.com

Location: Rec Center – Multi-Purpose Rm 5

www.jazzercise.com

NEW! Cardio Dance Jam

Get your heart pumping and body sweating to fast-driving pop music as you get your groove on. Don't worry, we break down the moves step by step and sequence them. This is a fun way to get in a workout that doesn't feel like work. Grab a friend and let's get funky!

11:00 AM – 12:00 PM

101145 01 Jan 6 – Feb 10 Sa

101145 02 Feb 17 – March 24 Sa

101145 03 March 31 – May 5 Sa

Fees: \$85 R, \$95 NR

Instructor: Alanda Carter

Location: Rec Center – Multi-Purpose Rm 4

Jazzercise has 26 classes per week available!
Come as many days/times as you'd like!



CPR

Heartsaver® CPR/AED is a classroom, video-based, instructor-led course that teaches adult, child & infant CPR and AED use, as well as how to relieve choking. This course is suitable for everyone, including health care providers. To sign up please visit: www.westutx.enrollware.com.

2:00 – 6:30 PM

106111 01	January 6	Sa
	February 3	Sa
	March 3	Sa
	April 14	Sa
	May 12	Sa
	June 9	Sa

Fees: \$40

Instructor: West U Fire Dept.

Location: West U Fire Dept. – 3800 University

Note: Schedule is subject to change



Doonya Bollywood

Celebrate your body, mind and one of the most festive cultures of the world through Doonya™! The energy and expressions of Bollywood-inspired music and dance will keep you smiling as you burn up to 800 calories while learning dance and fitness fundamentals. By using your own resistance and muscle control, you'll leave with a stronger core, lengthened limbs and increased stamina to keep you invigorated for the rest of your day. Doonya is your happy workout. *Doonya is an AAFA and ACE accredited program. Visit www.doonya.com for more information.

7:30 – 8:30 PM

107333 01	January 3 – 31	W
107333 02	February 7 – 28	W
107333 03	March 7 – 28	W
107333 04	April 4 – 25	W
107333 05	May 2 – 30	W

Fees: Session 01, 05: \$65 R, \$75 NR

Session 02, 03, 04: \$50 R, \$60 NR

Instructor: Kajal Desai

Location: Rec Center – Multi-Purpose Rm 1

No Class: March 14

Karate – Adult

Learn the sport, art and self-defense of karate, and benefit from the improved self-discipline, coordination and fitness it has to offer.

8:00 – 9:00 PM

107311 01	Jan 11 – March 29	Th
107311 02	April 5 – May 31	Th

Fees: Session 01: \$60 R, \$70 NR;

Session 02: \$50 R, \$60 NR

Instructor: Stan McHugh

Location: Rec Center – Multi-Purpose Rm 2

No Class: March 15

Kickboxing for Beginners

Learn the proper mechanics to throw punches, elbows, knees and kicks. Class benefits are weight loss, muscle toning, flexibility and stress relief. Upon completion, students have the opportunity to test out breaking a board.

6:00 – 7:00 PM

107902 01	January 9 – 30	Tu
107902 02	February 6 – 27	Tu
107902 03	March 6 – April 3	Tu
107902 04	April 10 – May 1	Tu

Fees: \$120 R, \$135 NR

Instructor: Paul Arp

Location: Rec Center – Multi-Purpose Rm 4

No Class: March 13

TRY BEFORE YOU BUY!

Some classes offer a complimentary one-time trial on your first visit, based on availability! Try the class before you register and get a feel for if it is the right choice for you! For more information on the free trial offer, please stop by the Customer Relations Desk at the Recreation Center or call (713) 662-7420.

Personal Training

Steven Butler is a certified personal trainer with over 10 years of experience. No matter your condition or goals, Steven has the skills and expertise to take you and your body to the next level. For information on how to schedule an appointment with Steven, please contact the Recreation Center at (713) 662-7420.

NEW! Paul Arp has been a personal trainer for eight years. In that time he has helped clients lose weight, get stronger and increase their flexibility and functional mobility to better perform daily tasks. His philosophy is to always emphasize client progress, which he tracks and monitors, so that his trainees get the results they're looking for. Fee: \$75R, \$85NR per hour session.

NEW! Piyo Live

Using a mat-based format, this class is designed for people who like to sweat and burn calories! Inspired by yoga and Pilates, using focus, flow and fusion-style movements, PiYo incorporates dynamic balance, strength, flexibility, and functional training in a rhythmic style. Music driven, this class is suitable for all levels! Please bring a yoga mat, towel and water.

7:00 – 7:30 PM

101153 01	Jan 8 – Feb 26	M
101153 02	March 5 – April 30	M

Fees: \$80 R, \$90 NR

Instructor: Eli Large

Location: Rec Center – Multi-Purpose Rm 4

No Class: March 12

Tennis: Novice Drills

Always wanted to learn tennis? This is the class for you! Join us for a co-ed adult beginner class and learn the basics of tennis. We introduce forehand, backhand, volley, service and match play. Don't have a racquet? No problem. We have loaner racquets for use during class and demo racquets to try out for purchase.

7:00 – 8:00 PM

107401 01	Jan 22 – Feb 19	M
107401 02	March 19 – April 16	M

Fees: \$100 R, \$110 NR

Instructor: Neil Harrison and Staff

Location: Colonial Park – Tennis Courts



PILATES

Mat Pilates

Pilates practice improves lower back and neck pain, restores post-partum abs and pelvic floor muscles, straightens posture for better health and a more youthful appearance, reduces falls and fear of falling, develops stamina and flexibility, leads to a calm but alert mind, and makes everyday activities easier. This group class is appropriate for those who can transition easily between sitting, standing, kneeling and lying down.

Two Days	11:30 AM – 12:30 PM	
107351 01	Jan 8 – Feb 14	M, W
107351 02	Feb 19 – April 4	M, W
107351 03	April 9 – May 16	M, W
One Day	11:30 AM – 12:30 PM	
107351 04	Jan 8 – Feb 12	M
107351 05	Feb 19 – April 2	M
107351 06	April 9 – May 14	M
107351 07	Jan 10 – Feb 14	W
107351 08	Feb 21 – April 4	W
107351 09	April 11 – May 16	W

Fees: One Day: \$60 R, \$75 NR;

Two Day: \$120 R, \$135 NR

Instructor: Cynthia Edmiston

Location: Rec Center – Multi-Purpose Rm 1

No Class: March 12, 14, 19, 21

Pilates M/W

Optimal musculoskeletal performance is the goal of this class. Pilates helps develop strength, flexibility and endurance without risking injury or building bulk. The result is a balanced and aligned body that looks fit, feels revitalized and moves with ease! Joy Oden is STOTT certified.

Pilates M/W, continued.

7:30 – 8:25 AM		
107306 01	Jan 8 – Feb 14	M, W
107306 02	Feb 19 – April 4	M, W
107306 03	April 9 – May 23	M, W
8:30 – 9:25 AM		
107306 04	Jan 8 – Feb 14	M, W
107306 05	Feb 19 – April 4	M, W
107306 06	April 9 – May 23	M, W

Fees: Sessions 01, 02, 04, 05: \$110 R, \$125 NR; Sessions 03, 06: \$128 R, \$143 NR

Instructor: Joy Oden

Location: Rec Center – Multi-Purpose Rm 1

No Class: March 12, 14

Pilates Friday

Kick off your weekend with this fun Pilates class, which focuses on core stability. This class aims for strength, flexibility and endurance, helping you to achieve a balanced and aligned body that looks fit, feels revitalized and moves with ease.

8:00 – 8:55 AM		
107307 01	Jan 12 – Feb 16	F
107307 02	Feb 23 – April 6	F
107307 03	April 13 – May 25	F

Fees: Sessions 01, 02: \$55 R, \$65 NR; Session 03: \$64 R, \$74 NR

Instructor: Joy Oden

Location: Rec Center – Multi-Purpose Rm 1

No Class: March 16

Weight Watchers

Track your progress while learning to make wise choices, eat healthy and enjoy food and exercise. Meetings are held in the Community Building Auditorium, 6104 Auden, on Wednesdays at 11:30 AM. Please arrive 30 minutes early for weigh-in.

West U Boot Camp

This indoor/outdoor group exercise program is designed to help you increase your cardiovascular fitness and improve your muscular strength and endurance. West U Boot Camp is a physically challenging program that includes lots of pushups, sit-ups, core work, lunges, running/walking, etc. Come join this phenomenal group of people. We welcome walkers! You can pick two days to work out or come for all three days. Participants are required to complete a Health Questionnaire. Please bring an exercise mat, good running shoes, water and towel.

5:00 – 6:00 AM

107317 01	January 3 – 31	M, Tu, Th
107317 02	Feb 5 – March 1	M, Tu, Th
107317 03	March 5 – 29	M, Tu, Th
107317 04	April 2 – 26	M, Tu, Th
107317 05	April 30 – May 24	M, Tu, Th

5:35 – 6:30 AM

107317 06	Jan 3 – Feb 1	M, Tu, Th
107317 07	Feb 5 – March 1	M, Tu, Th
107317 08	March 5 – 29	M, Tu, Th
107317 09	April 2 – 26	M, Tu, Th
107317 10	April 30 – May 24	M, Tu, Th

Fees: Two Day: \$110 R, \$125 NR;

Three Day: \$140 R, \$155 NR

Instructor: Allison Darling

Location: Rec Center – Multi-Purpose Rm 1

No Class: March 13, 14, 16

Mini Photo Sessions

Specializing in family photography, Paige Baker will create your next Easter or family photo in a 15-minute studio session that results in 20–30 images in an online gallery. For more information, visit www.paigebakerphoto.com. To book a session, e-mail paige@paigebakerphoto.com.

Date: Wednesday, April 18

Fees: \$200 R, \$215 NR

Photographer: Paige Baker



"Love the Pilates Mat class. The class is small allowing for a hands on experience that you usually only receive with a personal trainer." – Amy Bosman



YOGA

Yoga AM Form and Flow

What a great way to start your day! Lengthen and strengthen muscles through basic Hatha yoga postures while learning to connect the body and mind through breathing practices. Emphasis is placed on the cultivation of core strength, balance, breath control and flexibility. Please bring a yoga mat, yoga strap and yoga block(s) to class.

8:00 – 9:00 AM

107301 01	Jan 9 – Feb 15	Tu, Th
107301 02	Feb 20 – April 5	Tu, Th
107301 03	April 10 – May 17	Tu, Th

9:15 – 10:30 AM

107301 04	Jan 9 – Feb 15	Tu, Th
107301 05	Feb 20 – April 5	Tu, Th
107307 06	April 10 – May 17	Tu, Th

Fees: 8:00 AM – 9:00 AM: \$110 R, \$125 NR;

9:15 AM – 10:30 AM: \$125 R, \$140 NR

Instructor: Melanie Comegys

Location: Rec Center – Multi-Purpose Rm 1

No Class: March 13, 15

Yoga Flow

Standard Hatha yoga poses are creatively linked together to create a fluid movement in sync with the breath. This style of yoga brings new challenges to the practice through transitions, strength flexibility and balance.

9:00 – 10:00 AM

101191 01	Jan 12 – Feb 16	F
101191 02	Feb 23 – April 6	F
101191 03	April 13 – May 18	F

Fees: \$60 R, \$70 NR

Instructor: Melanie Comegys

Location: Rec Center – Multi-Purpose Rm 1

No Class: March 16

Gentle Yoga

This yoga is appropriate for those who want a nurturing, slow-paced, well-supported and relaxing yoga practice. It consists of light stretching and modifications of the standard poses of hatha yoga.

10:15 – 11:15 AM

107310 01	Jan 12 – Feb 16	F
107310 02	Feb 23 – April 6	F
107310 03	April 13 – May 18	F

Fees: \$60 R, \$70 NR

Instructor: Melanie Comegys

Location: Rec Center – Multi-Purpose Rm 1

No Class: March 16

Yoga PM

This class is a great way to develop flexibility, strength, mental focus and a more balanced life-style. It alternates postures and relaxation, allowing students to work at their own pace. Yoga also works on internal organ health and the nervous system. Leave class with more energy and a relaxed state of mind.

4:30 – 5:55 PM

107303 01	Jan 3 – Feb 14	M, W
107303 02	Feb 19 – April 4	M, W
107303 03	April 9 – May 16	M, W

Fees: \$100 R, \$110 NR

Instructor: Sharon Bukaty

Location: Rec Center – Multi-Purpose Rm 1

No Class: March 12, 14

NEW! Yin Yoga

This tranquil style of yoga is a great way to end the day. Deeply relaxing, Yin yoga is a slow-paced practice with easy postures. Time spent in each calming pose on the floor is like spending time in meditation. You relax into the posture and soften the muscle while holding the pose from 45 seconds to two minutes; some are held for five minutes or more. This style of yoga targets the deep connective tissues of the body, bringing more flexibility as well as calm and balance to the mind and body.

6:15 – 7:15 AM

101144 01	January 8 – 31	M, W
101144 02	February 5 – 28	M, W
101144 03	March 5 – 28	M, W
101144 04	April 2 – 25	M, W
101144 05	April 30 – May 23	M, W

Fees: \$110 R, \$125 NR

Instructor: Melanie Comegys

Location: Rec Center – Multi-Purpose Rm 1



Stick with the "Click"!

"Click West U" and has been available to residents since 2012. You can access it directly by just pulling up the City website (www.westutx.gov) and selecting the button/icon on the home page to enter a concern or submit a request for service. There is also a list of Frequently Asked Questions that may give you an answer without needing to create a service request.

In addition, the City has an app for you! The Click West U mobile app can be downloaded free of charge by searching for "GOResquest" (all one word) in the Apple App store or Android Market. Once you download it to the iPhone, Android or tablet, open the application, select an issue, take a picture, and tap submit. The phone or tablet records the GPS coordinates that give an exact location and sends the request directly to the appropriate employee. Other web-enabled mobile devices can browse the City website and use the mobile version of Click West U to submit requests.

Click West U should not be used for emergencies or events in progress that require an immediate response. For non-emergency events that require immediate attention, call (713) 668-0330. In the event of an emergency, dial 911.

After entering a request online or via mobile app, you will receive a message indicating the expected turnaround time for a response from the service request. A tracking number will also be provided to easily check the status of the request online or by calling in. The appropriate City staff member will review the request and follow up with you directly, if necessary. Staff will log all contacts in the system and you will be notified of the solution to ensure the issue has reached a satisfactory resolution.

Google Map functionality will help pinpoint the exact location of the issue, and multiple language options are available.



"Wonderful list of activities, hope to attend many!
Thank you" – Dorothy Zink

The Senior Services division of the Parks and Recreation Department provides classes, programs, trips, transportation and special events specifically designed for active older adults, ages 50 years and older. The Senior Services office is located in the Community Building, 6104 Auden Street. For more information on the Senior activities and services, please call (713) 662-5895 or visit the website www.westutx.gov/seniorservices to view the *Hi Neighbor* newsletter in its entirety.

NEW! Artful Aging Lecture Series

Sarah E. McMurray will present these fabulous lectures regarding the art of aging successfully beginning January 4. **First Thursday of the month, 11:00 AM, Free**

NEW! Spanish 101

A native language speaker and professional instructor will be offering classes beginning January 8. **Mondays, 2:30 – 4:00 PM, \$99 per 15 weeks**

NEW! Brain Games

Girl Scout Anna Rosenfield will be here to entertain you with innovative games beginning January 11. This is a Gold Award Project, so come and see all that she has planned! **Thursdays, 4:30 PM, Free**

NEW! Chardonnay Coloring Club

Join us to sip a glass of wine and color in a fun setting. The coloring book art form is known to relieve stress. Village of Meyerland will host this event at the West U Community Building beginning January 17. **Third Wednesday of the month, 2:00 PM, Free**

NEW! Premiere of Travel Cape Cod

Find out about this lovely six-night trip. **Tuesday, January 23, 5:00 PM, Free**

NEW! Navigating Medicare for the Uninitiated

Turning 65? Retiring? Retired? Mistakes made at this critical juncture can have lasting effects. Have your questions answered at this educational presentation. **Saturday, February 3, 10:30 AM, Free**

NEW! Zumba

Join the latest craze. A low impact dance fitness class that is fun for all ages and fitness levels. **Tuesdays and Thursdays, 11 AM, \$55 per month**

Body Pump

An infusion of strength, stretch and balance. This high energy class is sure to get you sweating! **Mondays, Wednesdays and Fridays, 10:15 AM, \$47 per month**

Sunday Line Dance Social

Join us on these fun occasions for dancing in a social setting. Make new friends, dance, and mingle. **First Sunday of the month, 2:00 PM, \$10**

Tai Chi Warm Up

This instructor-less class is designed for those who are interested in warming up for the Tai Chi class or practicing their skills in an open space. **Mondays thru Fridays, 8:00 AM, \$10 per month**

Tai Chi

Participate in exercise that tones, strengthens and improves balance and posture. **Mondays and Wednesdays, 8:30 AM, \$49 per six weeks**

Yoga/Pilates/Fusion & Strength Training

Improve stability and balance while building endurance. **Mondays, Wednesdays, and Fridays, 9:00 AM, \$44 per month**

Water Aerobics

Classes take place at the West U Recreation Center. You can take classes two or three days a week.

Two Days: T, TH, 12:15 PM, \$47

Three Days: M, W, F, 11:15 AM, \$65

Chair Yoga

Studies have shown that chair yoga can be extremely helpful when it comes to combating stress, fatigue and pain. Some yoga poses can increase core strength and balance, which reduces the risk of fall-related injuries. Join us for this class that will help you feel younger. **Tuesdays, 10:00 AM, Free (Class does not meet during Theme Meal days.)**

Chair Volleyball

Gain upper-body mobility and joint flexibility while enhancing reflexes, hand/eye coordination, endurance—and especially your sense of humor. **Tuesdays, 11:00 AM, Free**

Afternoon Aerobics

Get your heart rate going while building muscle and endurance in a fun setting. **Mondays and Wednesdays, 4:00 PM, \$26 per month**

Evening Yoga

This gentle yoga class will increase strength and range of motion. **Thursdays, 5:30 PM, \$44 per six weeks**

Evening Line Dance

You will come away from this class with a smile on your face, a kick in your step and some excellent cardio-vascular exercise. **Thursdays, 6:15 PM, \$26 for six weeks**

Upcoming Community Building Adventure Trips with the Harris County Precinct Bus

For further inquiries, or to register for one of our excursions, please call (713) 662-5895.



Didn't find what you were looking for? Have a skill or talent you would like to share? Call with your suggestions, and we'll make it happen!

Senior Services: (713) 662-5896

2018 WINTER / SPRING RECREATION CENTER POOL & LANE AVAILABILITY SCHEDULE

Schedule is subject to change with little or no notice. Pool only operational when lifeguards are on duty.

Please call ahead to confirm availability (713) 662-7420

For a listing of pool rules and updated schedule information, please visit www.westutx.gov/recpool

Pool closes 15 minutes earlier than the facility.

Monday – Friday: 8:45 PM

Saturday – Sunday: 6:45 PM

Please plan your swim accordingly.



ADULT SWIM

**Monday – Friday: 5 – 7 AM
and 8 – 8:45 PM**

Saturday: 7 – 8 AM

Sunday: 8 – 9 AM

Most lanes available.

Ages 13 and older.

Lanes may be available during
Open Swim and Aquatic Classes,
pending availability.



AQUATIC CLASSES

Monday – Friday: 7 AM – 8 PM

Saturday: 8 AM – 6 PM

Sunday: 9 AM – 6 PM

Reduced lane space during all
Aquatic Class times. Parents may
watch classes in designated areas.



OPEN SWIM

**Monday – Friday: 9 – 11 AM
and 2 – 8 PM**

Saturday – Sunday: 12 – 6:45 PM

Minimum of 1 lane available.

Open to all swimmers. Parents
swimming with children must be
actively participating with child **IN** the
water. Children 10 and older, who
are strong swimmers, may swim on
their own. Lanes may be unavailable
during peak class times, 4 – 7 PM.

SWIM TEAM IS COMING! Swim team practice begins in May, which will affect lane availability.



Fees & Hours are under review by City Staff and City Council and are subject to change.

Colonial Park Pool Rental Information

Reserve your next Pool Party at Colonial Park! Pool rentals are available to residents by completing the rental agreement, and paying a security deposit. Rental fees must be paid in full when the facility is reserved. Deposits are returned after the rental, assuming the facility has been cleaned and there are no damages. A complete listing of Reservation and Facility Use Policies will be provided at the time you make your reservation. For more information, please visit the Facilities tab under the Parks and Recreation section at www.westutx.gov or phone (713) 662-7420. Groups of 10 or more must be registered as a party, fill out all applicable rental paperwork and be pre-approved by management.

Pool & Wooden Deck Rental (Available May 12 through August 26)

Enjoy the shade during your next party on the Wooden Deck. This option provides exclusive use of the Wooden Deck during regular operating hours and general pool admission for up to 60 guests. Groups and parties of 10 or more must be registered as a party, fill out applicable rental paperwork and be approved by management.

Fee: \$175 R, per hour rental rate, two-hour minimum, includes up to 60 guests

*During the pool off season, the wooden decks are available for use on a first-come, first-served basis.

Pool & Multi-Purpose Room Rental (Available May 12 through August 26)

Planning your next party? Consider holding your event at the Colonial Park Pool during regular operating hours. This option provides

Pool & Multi-Purpose Room Rental, continued.

exclusive use of the Multi-Purpose Room and general pool admission for up to a maximum of 60 guests. Parties of 10 or more must be registered as a party, fill out applicable rental paperwork and be approved by management.

Fee: \$200 R, per hour rental rate, two-hour minimum, includes up to 60 guests

Exclusive Pool & Multi-Purpose Room Rental (Available May 12 through August 26)

Want the pool all to yourself? This is the best deal in town!! The entire pool (deck, pool, rock climbing wall, slide, diving board, Multi-Purpose Room, etc.) can be entirely yours during your two-hour rental. The rental fee includes use of the pool, lifeguards and a desk attendant to check in your guests. Maximum guest allowance is 250. Note: This rental does not include the concession/kitchen area.

Fee: \$400 R, per hour rental rate, two-hour minimum, includes up to 250 guests, with pre-approval required by management

Times: Saturdays 7:30 – 9:30 PM,
Sundays 9:30 – 11:30 AM and 7:30 – 9:30 PM

Multi-Purpose Room Rental (Off Season – after pool closes for season – No Pool Use)

Need a great party room? Have your next event in the Multi-Purpose Room at Colonial Park Pool. The pool is closed, but the room is available to hold your birthday party, baby shower, family reunion or any event you need a large party room to accommodate.

Fee: \$60 R, per hour rental rate, plus \$45 administrative fee (flat fee)

Colonial Park Pavilion Rental

Rent the Pavilion for your next party or special event. The Pavilion has electricity and is covered, to help you escape the hot Texas sun. Large inflatables are allowed (only for pavilion rentals); however, proof of insurance must be provided 14 days prior to your rental.

Fee: \$50 R per hour rental rate, \$75 NR per hour (NR must have R sponsor)

Alcohol Permits Available

Alcohol allowed at Community Building \$25 administration fee and a \$300 security deposit required.

Community Building / Scout House Rental Information

The West University Community Center & Senior Building and the Scout House are available for rental to residents and non-residents (with a resident sponsor). The facilities may not be used for profit by businesses or for private enterprise purposes; however, they are available for training and meeting purposes. Reservations for the Auditorium, Senior Room, Activity Rooms, and Scout House may be made at the Senior Center, Monday – Friday from 8 AM – 5 PM, by completing a rental agreement and paying the security deposit. All rental fees must be paid in full when the facility is reserved. Deposits are returned after the rental, assuming the facility has been cleaned and there are no damages. A complete listing of Reservation and Facility Use Policies will be provided at the time you make your reservation. For more information, please visit the Facilities tab under the Parks and Recreation section at www.westutx.gov or phone (713) 662-5895.

Note: The Community Center & Senior Building and Scout House rental fees include the on duty staff member or rental caretaker.

RENTAL FEES

Security Deposit (required for ALL Rentals)
\$200

Administrative Fee (required for ALL Rentals where food and beverages are served)
\$45

Room Rates

Large Rooms (Auditorium & Senior)
\$50, \$75 NR, Per Hour
Small Rooms (Activity A & Activity B)
\$35, \$45 NR, Per Hour
Kitchen
\$25, \$35 NR, Flat Fee
Scout House
\$40, \$60 NR, Per Hour

CANCELLATIONS

ALL RENTALS: A cancellation fee of \$50 will be charged if the applicant cancels the reservation 14 business days or more before the event; the remainder of the rental fee will be credited to the applicant's account for future use. If the applicant cancels the event with less than 14 business days notice, no refunds will be issued.

PARK RESERVATIONS: With the exception of the Colonial Park Pavilion, Colonial Park wooden decks (during the pool season) and tennis court reservations, park open spaces are available on a first-come, first-served basis. Note: Inflatables are only allowed on the east end of Colonial Park with a pavilion reservation and proof of insurance is required.

Fees & Hours

Fees effective 1/1/2018 and are subject to change.

WEST UNIVERSITY PLACE RECREATION CENTER 4210 Bellaire Blvd.

HOURS OF OPERATION

Monday through Friday	5:00 AM – 9:00 PM
Saturday	7:00 AM – 7:00 PM
Sunday	8:00 AM – 7:00 PM

Note: Pool closes 15 minutes earlier than facility. Schedule subject to change.

WALK-IN FEES

Daily Walk-in Resident, 18 & older	\$6 R, \$11 NR Guest*
Daily Walk-in Senior, 65–74	\$2 R
Daily Walk-in Senior, 75 & older	Complimentary
Daily Walk-in Youth, 17 & younger	\$4 R, \$7 NR Guest*
Weekly Resident House Guest* Pass	\$20 Individual option only
Monthly Resident House Guest* Pass	\$60 Individual option only

RESIDENT MEMBERSHIPS

Type	Annual	Monthly EFT	Monthly (pay as you go)
Individual	\$250 R	\$26 R	\$35 R
Couple	\$310 R	\$31 R	\$40 R
Family	\$375 R	\$35 R	\$48 R
Individual Senior, 75+	Complimentary		
Individual Senior, 65–74	\$90	\$9	\$12
Couple Senior, 65–74	\$120	\$11	\$15
Blended Age Couple, one partner 75+	\$130	\$12	\$16
Blended Age Couple, one partner 65–74	\$190	\$18	\$23

Senior (65 and over) and disability membership waivers available. Please inquire for details (713) 662-7420.

Tennis Reservation Privileges

Member: "Add on" to memberships	\$120 R, \$10 monthly
Non-Member: separate from memberships	\$200 R
Non-Member: walk-in reservations (1.5 hour reservation)	\$4 R

COLONIAL PARK POOL FEES & HOURS 4130 Byron St.

SPRING HOURS OF OPERATION (SCHEDULE IS SUBJECT TO CHANGE)

May 5 – 6

Saturday, May 5 – Members Only	10:00 AM – 7:00 PM
Sunday, May 6	12:00 PM – 7:00 PM

May 12 – 13, 19 – 20

Saturdays	10:00 AM – 7:00 PM
Sundays	12:00 PM – 7:00 PM

May 26 – 28: Memorial Day Weekend

Saturday, May 26	10:00 AM – 8:00 PM
Sunday, May 27	12:00 PM – 8:00 PM
Monday, May 28	10:00 AM – 7:00 PM

Friday, June 1: Members-Only Ice Cream Social

Open to Public	5:00 PM – 7:00 PM 7:00 PM – 8:30 PM
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Summer Hours of Operation for Public Swim begin on June 2.

Please refer to www.westutx.gov for updated schedule information.

Note: Please refer to page 2 for facility operating hours. For pool party and rental, please see page 17.

WALK-IN FEES

Daily Walk-in (all ages)	\$5 R, \$8 NR Guest*
Weekly Resident House Guest Pass	\$25 Individual option only
Monthly Resident House Guest Pass	\$75 Individual option only
Season Resident House Guest Pass	\$200 Individual option only

RESIDENT MEMBERSHIPS

Individual Season Pass	\$100 R
Couple Season Pass	\$140 R
Family Season Pass	\$210 R
Nanny Pass: \$12 for each nanny added onto the membership	

West University Place Recreation Center (RC) and Colonial Park Pool (CP) Packaged Memberships

Individual Annual (RC) & Seasonal (CP) Resident	\$300 R
Couple Annual (RC) & Seasonal (CP) Resident	\$390 R
Family Annual (RC) & Seasonal (CP) Resident	\$500 R

*Guests must be accompanied by a West U Resident



RESIDENCY

All residents are required to bring proof of residency when registering (e.g., a valid drivers license, picture I.D. or a West U utility bill.)

AGE

Children's classes are designed for kids 2 to 12 years of age. Children 13 years and up can qualify for adult programs unless age requirements are indicated in class descriptions. If a class designates an age group, students must be that required age before classes are scheduled to begin.

CANCELLATIONS AND SCHEDULE ADJUSTMENTS

Occasionally offerings may be cancelled. Times may be adjusted after the publication has been printed due to scheduling changes. Please check the online registration page or call (713) 662-7420 for the most up-to-date class times and information. We apologize for any inconvenience this may cause. Each class must meet minimum registration requirements a week before the class begins, or it will be canceled. If a class is cancelled, refunds will be processed or transfers will be given.

LATE REGISTRATION

Registration will continue until classes are full. Fees, however, will not be prorated. Students may register after class begins if a class is not full.

PAYMENT

We accept cash, check, Visa®, MasterCard® or Discover®.

MAKEUPS

Due to size limitations in our classes, participants are not allowed to make up days that are missed in other classes. Attendance is the responsibility of the participant. However, the City may cancel a class due to unforeseen circumstance, in which case we will provide a makeup day.

REFUNDS

Refunds will not be issued once a class begins, whether you have attended class or not. Attendance is the responsibility of the participant. However, transfers will be given to those who qualify (see Transfer & Credits section). Withdrawals are allowed up to five business days (Monday – Friday) before the class begins. If you decide to withdraw from a class before it begins, a \$10 administration fee per person, per class will be deducted. Please allow two to three weeks for processing of refunds.

EFT MEMBERSHIP

The authorization to electronically draft your credit card continues until terminated and that if you wish to terminate (after the initial 3 months of membership) or change the membership in any way, you must give the City of West University Place a 30-day written notice.

TRANSFER & CREDITS

Transfers for classes that are six weeks in length or longer must be requested prior to the second day of class. Students registered for short sessions or one day workshops must request transfers prior to the first day of class. Transfers cannot be guaranteed. Transfers will only be given within the same class session unless approved by a manager.

Your Key to Fun In West U's Parks



1 JUDSON PARK

4201 Judson • .73 Acres

Lighted Tennis Court • Playground Equipment • Picnic Deck • Concrete Walking Path • Landscaping • BBQ Grills • Game and Picnic Tables

2 COLONIAL PARK

4130 Byron • 3.16 Acres

Family Oriented, Zero-Depth Swimming Pool and Play Features • Sand Volleyball Court • Concession Stand • Two Large Party Decks • Multi-Purpose / Party Room • Two Lighted Tennis Courts • Playground Equipment • Pavilion • Concrete Walking/Jogging Track (7 laps=1 mile) • Little Free Library

3 WIER PARK

3012 Nottingham • .88 Acres

Playground Equipment • Picnic Tables • Two Lighted Tennis Courts • Basketball Court

4 WHITT JOHNSON PARK

6540 Wakeforest • .52 Acres

Playground Equipment • Gazebo • Picnic Facilities • Lighted Basketball Courts

5 YOUTH ATHLETIC FIELDS

3700 University (at West U Elem. School)

Four Lighted Baseball Fields • Three Lighted Softball Fields • Three Lighted Soccer Fields

6 FRIENDS PARK

3771 Rice • .17 Acres

Designed specifically as a passive park, the park enjoys a lush landscape with ample seating, several seating arbors, a paved walkway, and signature clock tower.

7 COMMUNITY CENTER & SENIOR CENTER • LIBRARY

6104 Auden • 1.36 Acres

Location of various recreation classes and programs • Rooms for parties and gatherings available for rental • Library operated by Harris County

8 SCOUT HOUSE

6108 Edloe • .17 Acres

Primarily a scout meeting place during the week • Available for rentals on the weekends • Little Free Library

9 HUFFINGTON PARK

6204 College • .61 Acres

Playground Equipment • Shade Arbor • Game and Picnic Tables

10 RECREATION CENTER

4210 Bellaire • 5 Acres

Heated, indoor fitness and instructional pool • Raquetball / Squash Courts • New Cardio and Weight equipment • Group exercise • Enhanced leisure class offerings for children and adults • Walking / Jogging Trail • Children's Playground • Athletic Fields

11 LIBERTY HILL

College @ Northwestern


Gateway entrance announcing "Welcome to West University Place" • Sculpture – "Children at Play"

12 JENNIE ELIZABETH HUGHES PARK

6446 Sewanee • .34 Acres

West U's newest addition to the park system.

Visit www.westutx.gov/jehpark for development updates.

 **THE LITTLE FREE LIBRARY MOVEMENT** seeks to promote literacy and community through free book exchanges. Little Free Libraries are places where neighbors of all ages can "take a book, return a book" and help spread the love of reading. Future libraries are planned for each park and will be designed to feature West University landmarks. For more information, please visit westutx.gov/LFL.



West U Parks and Recreation

City Council

Susan Sample, Mayor
Wayne J. Franklin, Mayor Pro Tem
Kellye Burke, Council Member
Bob Higley, Council Member
Mardi Turner, Council Member

City Manager

M. Christopher Peifer

Parks and Recreation Board

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Tracy Larson, Vice Chair
Mark Prescott, Friends Board Rep.
Brett Bingham
Jeffrey Chen
Stephen Damiani
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A. Scooter Lerner
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Sarah Ballanfant
Ruth Becker
Tom Brombacher
Ann Crowley
Susan Davis
Carlos De La Torre
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Judy Faulkner
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Virginia Lootens
Stan McCandless
John Palmer

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Susan White, Ex-Officio
Katie Hill
Christine Parker
Michelle Huth
Anna Stewart
Matthew Foytlin
Jeth Jones
Stephen Jacobson
Christi Young
Grace O'Malley Ebaugh
Megan Morris
Kelly Beth Haggood
Samantha Morrison
Judy Cheng
Jessica Newell
Mitra Woody
Kara Schaefer
Michele Nezi Marvin
Donna LaMond, Executive Director

Parks and Recreation Staff

Brittany Bakes, Recreation Manager
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Anthony Hagan, Recreation Specialist
Donna LaMond, Friends of West U Parks, Executive Director
Patricia Noren, Recreation Specialist
Evan Stein, Administrative Manager
Jeremy Tucker, Parks Technician
Jeremy Veld, Assistant Recreation Manager
Rodolfo Villavechia, Parks Technician
Susan White, Director
Trace Worthy, Parks Maintenance Supervisor

Questions? Please contact a Customer Service Representative at myparks@westutx.gov or (713) 662-7420.

Park Maintenance questions? Please contact myparks@westutx.gov or (713) 662-5367.

"I am very grateful for the wonderful early morning staff. This group of young people gets my day off to a good start with their friendly warm greetings as I arrive and their good wishes for the day as I leave." – Eloise Lloyd

The **West U Parks & Recreation Activity Guide** is published three times a year by the City of West University Place Parks and Recreation Department.

6104 Auden
West University Place, Texas 77005

Comments should be directed to
Evan Stein at (713) 662-5367
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Visit us at www.westutx.gov/parks



City of
**West University
Place**

City of West University Place
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West University Place, Texas 77005

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Online Registration Available!

Signing up for West U Parks and Recreation classes and activities is easy with online registration! Get started by visiting the City's Website at www.westutx.gov/reg. For more information, please contact the Parks and Recreation Department at (713) 662-7420.

SPECIAL EVENTS

For more information or if you are interested in sponsoring any of our events, please contact the Parks and Recreation Department at (713) 662-7420 or visit www.westutx.gov/events.

Events At Colonial Park Pool

Members-Only Colonial Pool "Sneak Peek" Swim!

Saturday, May 5, 10:00 AM – 7:00 PM

Come by Colonial Park Pool for a members-only "sneak peek" swim on Saturday, May 5, from 10:00 AM to 7:00 PM. Admittance this day will be exclusive to residents with 2018 Colonial Pool memberships. Purchase your membership in advance (and avoid lines!) at the Recreation Center, 4210 Bellaire Blvd., or on-site at Colonial Pool on May 5.

Mom's Spa Day

Sunday, May 20, 9:00 – 11:00 AM

All West U resident mothers are invited to come get a little R&R at Colonial Park Pool before their special day! Come out to enjoy a kid-free day by the pool, complete with massages, facials, breakfast and mimosas.

Each mother has the opportunity to win a raffle prize, and all will leave with their own Mother's Day gift, courtesy of the West U Parks and Recreation Department.

Space is limited!

Note: Colonial Park Pool will open to the public at 12:00 PM after the event.

Members-Only Ice Cream Social

Friday, June 1, 5:00 – 7:00 PM

What better way to end the school year than with ice cream and a warm evening at the pool? The City will be hosting an End of School Ice Cream Social & Pool Party with complimentary admission, exclusively for Colonial Park Pool members. Bring the family out for a special evening at the pool to celebrate the end of the school year!

Easter/Spring Festival & Arbor Day

Saturday, March 24, 9:00 – 11:00 AM

**West University Place Recreation Center,
4210 Bellaire Blvd.**



The City of West University Place Parks and Recreation Department will host an Easter/Spring Festival, featuring an "eggs-tra" special visit from the Easter Bunny and our very own

Wally the Walrus on Saturday, March 24. Admission to the event is complimentary and open to the whole family. Don't forget to stop by the Recreation Center to submit your guess on how many eggs Di-Eggo can hold and win a great prize! Di-Eggo will be displayed starting Friday, March 2, and we'll announce three winners during Easter Spring Festival.

Outdoor Event Series

Colonial Park Pavilion, 7:00 – 9:00 PM

Come enjoy a pleasant evening underneath the stars with entertainment from your favorite eras. Each event is an informal event designed for all audiences. Be sure to bring a blanket and picnic basket for a great family or date night!

April 6, April 13, April 20

Visit www.westutx.gov/events for details.

